

# Cardinal Glennon College

## Schedule of the Day

### 2008 - 2009

#### **Sunday**

8:30 AM Morning Prayer  
 9:00 AM Holy Mass  
 10:15 AM Brunch  
 5:15 PM Dinner  
 8:30 PM Eucharistic Adoration  
*(Sacrament of Penance available)*  
 9:15 PM Night Prayer and Benediction  
 11:00 PM Lights out

#### **Monday**

6:30 AM Morning Prayer  
*(Solemnities and Feasts)*  
 7:00 AM Holy Mass, followed by Breakfast  
 12:00 PM Lunch  
 5:15 PM Spiritual Reading  
 5:40 PM Evening Prayer and Angelus  
 6:00 PM Dinner  
 7:00 PM Study  
 9:00 PM Rosary *(optional)*  
 9:25 PM Night Prayer  
 11:00 PM Lights out

#### **Tuesday**

6:30 AM Morning Prayer  
*(Solemnities and Feasts)*  
 7:00 AM Holy Mass, followed by Breakfast  
 12:00 PM Lunch  
 3:00 PM Apostolic Service  
*(Evening Prayer with Class)*  
 6:00 PM Dinner  
 7:00 PM Study  
 9:00 PM Rosary *(optional)*  
 9:25 PM Night Prayer *(optional)*  
 11:00 PM Lights out

#### **Wednesday**

6:30 AM Morning Prayer  
*(Solemnities and Feasts)*  
 7:00 AM Holy Mass, followed by Breakfast  
 12:00 PM Lunch  
 4:30 PM Formation Meeting  
 5:40 PM Evening Prayer and Angelus  
 6:00 PM Dinner  
 7:00 PM Study  
 9:00 PM Rosary *(optional)*  
 9:25 PM Night Prayer  
 11:00 PM Lights Out

#### **Thursday**

6:00 AM Eucharistic Adoration  
 6:40 AM Morning Prayer and Benediction,  
 followed by Breakfast  
 12:00 PM Lunch  
 3:30 PM Liturgical Music *(bimonthly)*  
 4:30 PM Holy Mass  
 6:00 PM Dinner  
 7:00 PM Communal Rosary  
 7:15 PM Study  
 Council Meeting *(monthly)*  
 11:00 PM Lights out

#### **Friday**

6:30 AM Morning Prayer  
*(Solemnities and Feasts)*  
 7:00 AM Holy Mass  
 followed by Breakfast  
 12:00 PM Lunch  
 3:00 PM Stations of the Cross *(Lent)*  
 6:00 PM Dinner  
 12:00 AM Lights out

#### **Saturday**

8:00 AM Holy Mass,  
 followed by Breakfast  
 9:15 AM Work Order  
 10:30 AM Intramurals  
 12:00 PM Lunch  
 6:00 PM Dinner  
 12:00 AM Lights out

**This schedule is the ordinary routine of the week. Please consult the monthly calendar for special events that may change the order of the day. While the community prays part of the Liturgy of the Hours in common on designated days, all are expected to pray Morning, Evening and Night Prayer faithfully each day.**

**Daily devotion to the Eucharist includes quiet time of preparation by arriving a recommended fifteen minutes before Mass and quiet time of thanksgiving after Mass. Opportunities for Adoration of the Blessed Sacrament are available Monday through Friday. Each seminarian is also expected to make sufficient time for personal prayer (e.g. Lectio Divina, meditation, spiritual reading) in his daily routine.**

